

**A LONG, LONG TIME AGO, SOME BAD BUGS
BECAME AN ENEMY TO HUMANS.**

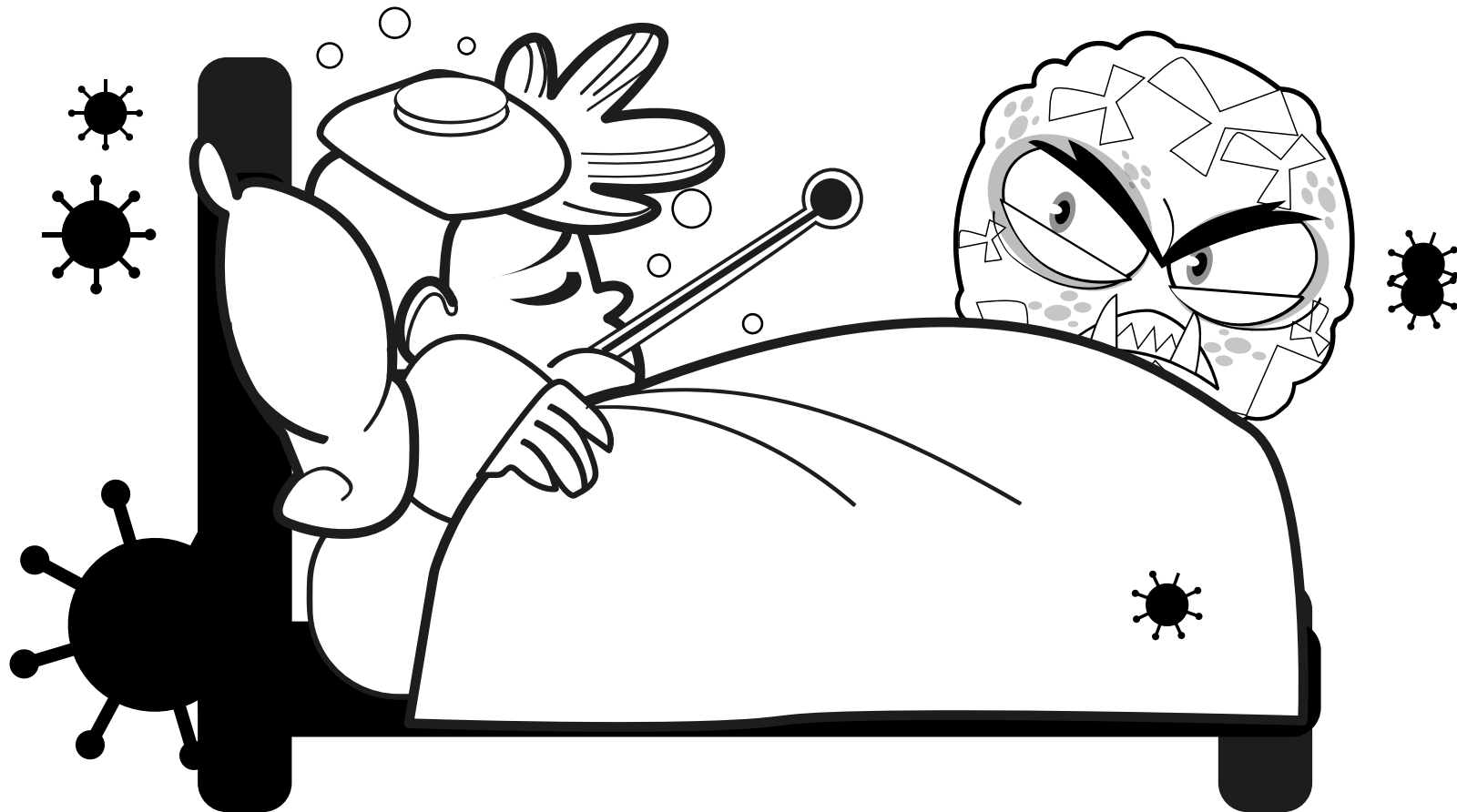


THEY ARE THE ONES THAT CAN FORCE US TO STAY AT HOME



THIS HAS HAPPENED BEFORE, NOT JUST NOWADAYS

SOME CAN CAUSE DISEASES THAT MAKE US ILL.



WE HAVE TO STAY AT HOME
WITHOUT SEEING OUR FRIENDS OR OUR PLAYTIME.



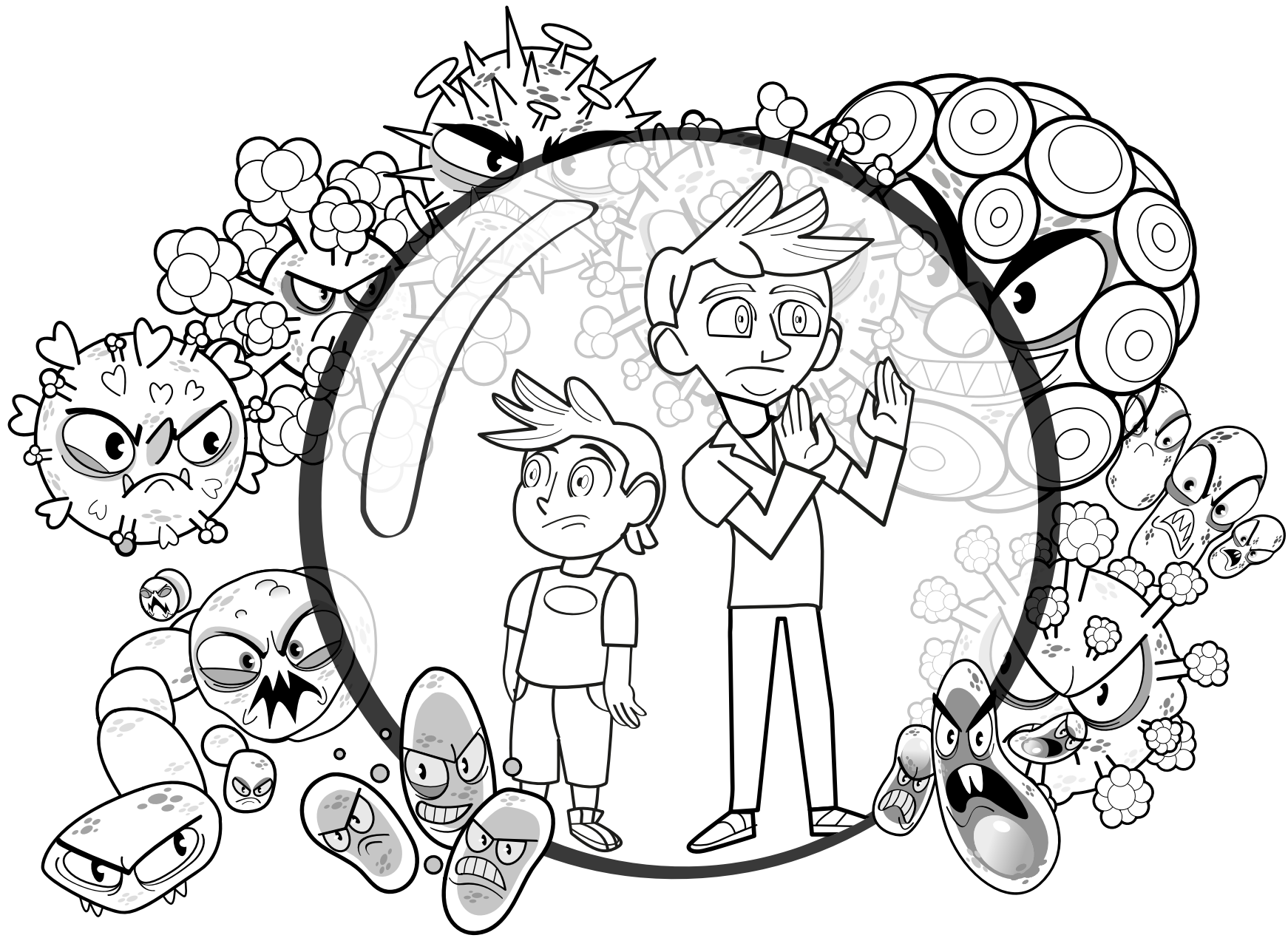
**BY FOLLOWING A HEALTHY, BALANCED DIET AND WASHING
OUR HANDS PROPERLY, WE CAN AVOID CONTRACTING MANY DISEASES.**



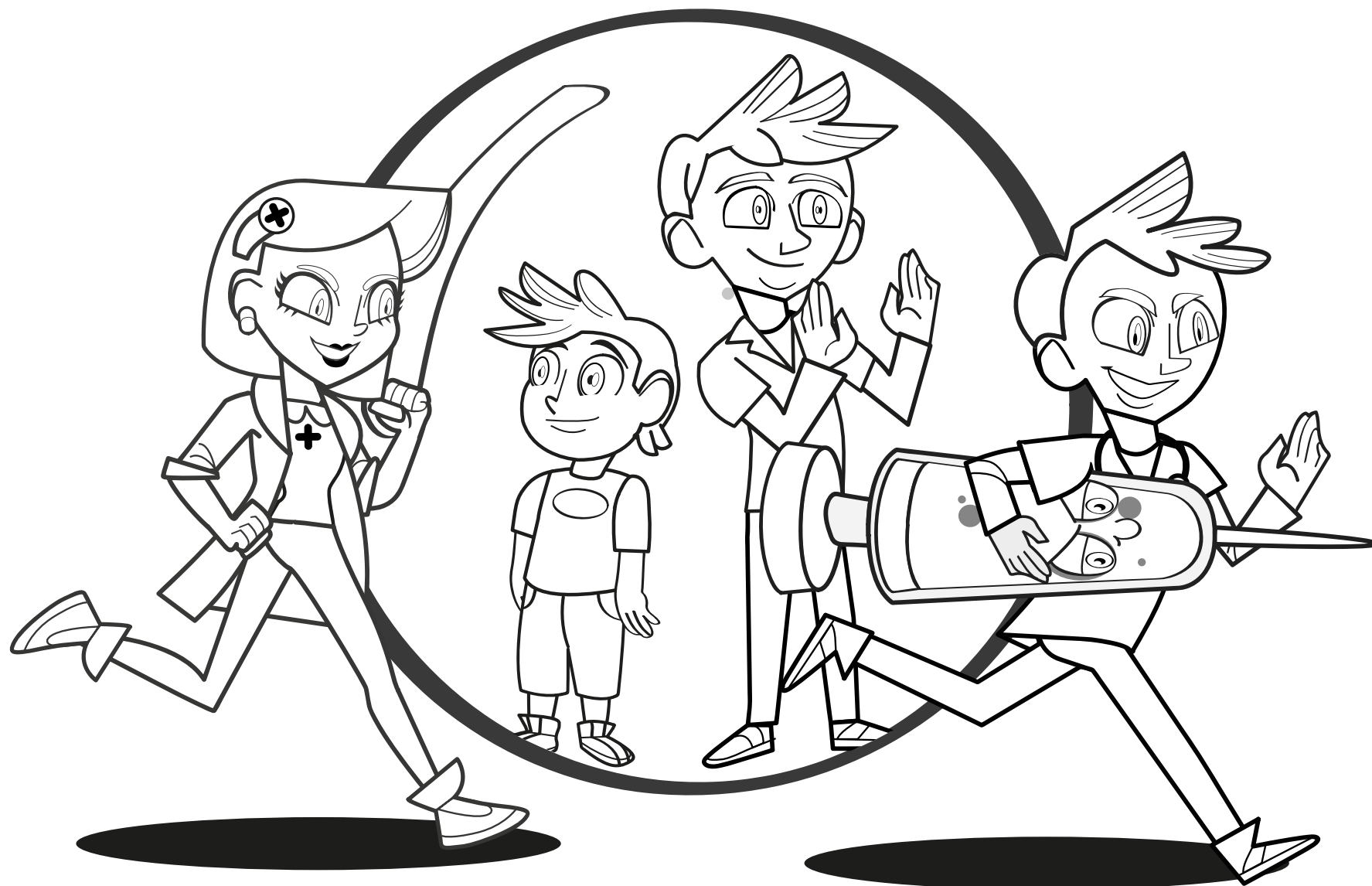
AND THE **GOOD NEWS**
IS THAT SCIENCE IS ON OUR SIDE



**DID YOU
KNOW THAT
AN IRISH DOCTOR,
FRANCIS
RYND,
INVENTED
THE HOLLOW
NEEDLE USED IN
HYPODERMIC
SYRINGES¹?**



**AND THIS INVENTION WAS REALLY IMPORTANT
BECAUSE THAT'S HOW WE CAN BE VACCINATED.**



DO YOU KNOW WHAT A VACCINE IS?

A VACCINE IS A TYPE OF MEDICINE THAT TRAINS THE BODY'S IMMUNE SYSTEM SO THAT IT CAN FIGHT BAD BUGS THAT CAN MAKE US SICK²

2. [HTTPS://VK.OVG.OX.AC.UK/VK/HOW-DO-VACCINES-WORK](https://vk.ovg.ox.ac.uk/vk/how-do-vaccines-work) (ACCESSED APRIL 2021).



**DR ÁINE WITH SPIKY, HER LOVELY SIDEKICK, AND NURSE TOM
AND ALL THE OTHER DOCTORS AND NURSES AROUND IRELAND ARE PART OF
#TEAMVACCINES BUT THEY NEED YOU!**

**SCIENCE,
VACCINES AND
OUR TEAM
NEED YOU.**



**THE
VACCINE
IS YOUR FRIEND:
WITH A LITTLE
EFFORT AND
BRAVERY, WITH
A TINY PINCH,
WE CAN BE
PROTECTED.**



ARE YOU ONE OF THEM?