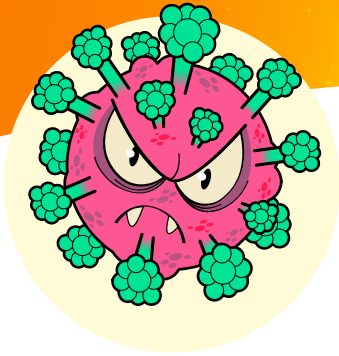


SAMPLE LESSON PLAN – SARS-COV-2

5-10 YEARS



FACT CARD SIDE A

INTRODUCTION

1. Play the vaccine introduction video
2. Begin the class by explaining to the pupils that although COVID-19 can make some of us feel sick, there are things we can do to prevent this happening.
3. “Think-pair-share”: What things have they done in the past year to prevent the spread of Covid-19? Discussion around hand washing, hand sanitizer, social distancing, school closures, not seeing family and friends, no play dates, no sport training etc.
4. Use the glossary to help you explain what vaccines are.
5. Vaccines are given via a small needle into the upper arm. This feels like a small pinch!
6. Try it out! Encourage them to pinch their own upper arm.
7. We have lots of different vaccines that protect us against different diseases.
8. Discuss with the class that they would have been to the doctor/nurse for injections like this when they were smaller to help keep them healthy.
9. Show the group the “superbug” SARS-CoV-2 fact card.

ACTIVITY

- A. “Bug matching” exercise.
- B. Class colouring competition (black and white bug print-outs)
- C. In pods, create a role play: A trip to the doctor (for a vaccination).

CONCLUSION

- A. What are vaccines? *They help protect us from diseases.*
- B. What can we do to prevent COVID-19? *Hand washing, social distancing, wearing masks, sneezing into a tissue, or your elbow, asking a doctor, nurse or pharmacists for advice if we are sick etc.*

**BE YOUR OWN
HERO**